



## Scones

Scones (approx. 8 pieces)

140 gr flour 70 gr sugar 70 gr unsalted butter cold 1 tsp baking powder  
1/4 cup 1 egg yolk + sour cream well beaten 1/4 tsp salt 1/4 cup roasted  
sunflower seeds Mix flour, sugar, baking powder, salt and sunflower seeds  
together into a bowl.

Cut cold butter into mixture until its fine.

Beat egg and sour cream together and stir into mixture.

Knead lightly, roll out into 3/4" thickness and cut into triangles.

Bake in oven 450 F for 10 - 12 minutes.

Markus Hofmann - October 2005



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